






Short communication: Hypernatremia in diarrheic calves associated with oral electrolyte administration in water and milk replacer in absence of access to water

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ABSTRACT

A major goal in treatment of calves with diarrhea is to restore hydration and to correct metabolic acidosis. This can be achieved by the administration of oral electrolyte solutions (OES). However, the composition of OES products and the administration protocols in practice vary widely, which can potentially compromise the efficacy and safety of these treatments. In particular, administration of OES in milk replacer (MR) and the absence of water supply in young calves are not unusual and these conditions could compromise calf health. In this light, the objective of this study was to evaluate the efficacy and safety of OES administered in MR and in water without access to water. Forty-five male Holstein calves (16.6 ± 1.6 d of age and 45.4 ± 2.2 kg at arrival) were purchased from a collection center located in the Netherlands. After arrival, calves went through an adaptation period of 4 d. Calves that developed diarrhea within 6 d after the end of the adaptation period were enrolled in the study, and the remaining calves were sold after being weaned. Upon morning detection of abnormal fecal scores (d 1 starting point), calves were blocked based on initial BW. Within each block, calves were randomly assigned to 1 of 2 treatments, including a control consisting of a small dose of whey (CON; $n = 12$) and an OES treatment (OES; $n = 14$). Treatments were blinded to the farm staff by randomly assigning a letter to each treatment. Treatments were simultaneously administered for 4 d in MR (2.5 L at 0800 and 1730 h) and in water (3 L at 1300 and 2200 h). Calves had no supplemental access to plain water. Blood samples were taken at 0600 h for 4 d, and fecal scores (0 = normal; 1 = watery feces) were assessed daily at 0900 h for 15 consecutive days. Additionally, skin turgor and degree of enophthalmos were assessed at 1000 h from d 1 to 4 using a 3-level scoring system. Calves fed OES had a higher prevalence of diarrhea on

d 3, 4, and 5 as well as higher prevalence of delayed skin turgor and increased degree of enophthalmos over the 4 monitoring days. Diarrhea duration was longer in calves receiving OES than in calves receiving CON (4.2 d vs. 2.1 d, respectively). The OES treatment resulted in hypernatremia (serum $\text{Na}^+ > 145$ mmol/L) within 48 h after the first OES administration. Hypernatremia was linked with higher serum Cl^- and urea concentrations and thus higher serum osmolality in OES calves compared with CON calves. Administered under these conditions, OES resulted in various degrees of hypernatremia and a delayed recovery from diarrhea, thus defeating the purpose of OES administration.

Key words: hypernatremia, calf diarrhea, oral electrolyte solution

Short Communication

Oral rehydration therapy was originally developed in human medicine in the 1960s for diarrhea treatment associated with cholera infection and allows for the prevention of more than 1 million deaths per year (Mota-Hernández and Morales-Barradas, 1990). Oral electrolyte solutions (OES) became part of the standard treatment protocol for diarrheic calves (Smith and Berchtold, 2014), and the use of OES is a well-accepted lifesaving measure (Pringle and Berthiaume, 1988). However, considerable variability exists in the composition and the administration protocols of OES for calves. Thus, it is not safe to assume that all OES administration protocols for calves are similarly effective in mitigating dehydration and metabolic acidosis.

The World Health Organization has set recommendations regarding OES for rehydration therapy in humans. Solutions should have an osmolality of 245 mOsm/kg in water, including 75 mmol/L sodium (Na^+) and 75 mmol/L dextrose. In contrast, commercially available OES for calves usually contain higher Na^+ concentrations (>90 mmol/L) and higher dextrose concentrations (>100 mmol/L). Administration of sugar and mineral mix in whole milk (WM) or milk replacer (MR) has become a common practice in past decades

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because it allows a substantial reduction of labor associated with the treatment of diarrheic calves (Bachmann et al., 2012). However, one should consider that WM and especially MR already contain high amounts of lactose (140–230 mmol/L) and Na^+ (17–80 mmol/L; Byers et al., 2014). The high Na^+ concentrations in MR are due to the high Na^+ content of whey (up to 2%) used to formulate MR (Byers et al., 2014) and the high percentage of solids per liter of solution in MR (up to 20%). Therefore, mixing sugar and mineral powder into WM or MR likely increases the osmolality of the solution above 600 mOsm/kg.

Access to water is compulsory when sugar and mineral mix is added to WM or MR to allow for renal excretion of the Na^+ and Cl^- overload that accumulates into the extracellular fluid space (Byers et al., 2014). However, access to water for calves younger than 4 wk of age is not always available on veal and dairy farms. Dairy producers wait for 17 d on average to first offer drinking water to newborn calves (USDA, 2016). This delay in offering drinking water may be the result of an effort to save labor or the unfounded belief that water induces diarrhea and reduces milk intake (Beede, 2005; Kertz et al., 2017). Water requirements are not emphasized on the labels of commercially available OES products. As a result, the risks associated with administration of OES are not always understood and are often underestimated by producers. The administration of sugar and mineral powder mix in WM and MR therefore may compromise calf health. In this light, the objective of the current study was to expose the risks associated with the administration of sugar and mineral powder simultaneously in MR and water in absence of water access in male Holstein calves with naturally occurring diarrhea.

The study was carried out at a commercial veal farm (Winssen, the Netherlands) between November and December 2014. Male Holstein-Friesian calves with naturally occurring diarrhea were used in a randomized block design. Forty-five calves (16.6 ± 1.6 d of age and 45.4 ± 2.2 kg at arrival) were acquired from a collection center (Pali Group, 's-Hertogenbosch, the Netherlands). Calves were housed indoors in individual pens separated by wooden fences and equipped with wooden slatted floors. After arrival, calves went through an adaptation period of 4 d. Calves developing diarrhea within 6 d after the end of the adaptation period were enrolled in the study, and the remaining calves were sold after being weaned. Diarrhea was assessed upon morning detection of abnormal fecal scores. The first day on which diarrhea was observed was considered d 1 (starting point) of 4 consecutive days of treatment administration. Calves were blocked based on BW measured at arrival, and within each block calves were ran-

domly assigned to 1 of 2 treatments, including an OES treatment ($n = 14$) and a control treatment (CON, $n = 12$), by the lead researcher using an Excel (Microsoft Corp., Redmond, WA) spreadsheet. Treatments were blinded to the farm staff by randomly assigning a letter to each treatment. All of the personnel involved in the execution of the experiment with the exception of the lead researcher were led to believe that the experiment was comparing the efficacy of 2 OES treatments. Calves with dehydration greater than 8% of BW (Smith and Berchtold, 2014) were excluded from the study and provided with intravenous saline infusion and additional appropriate medical care.

Calves received 1 of 2 treatments, including a sugar and mineral mix (OES) or a control (CON) consisting of a low dose of whey powder. Whey powder was chosen as the placebo under the assumption that at a low dose (5 g/L), it would represent an innocuous intervention. Composition of treatments in MR and water is presented in Table 1. Treatments were administered for 4 consecutive days simultaneously in MR (2.5 L at 0800 and 1730 h) and in water (3 L at 1300 and 2200 h). Calves had no supplemental access to plain water. This feeding scheme was based on growing commercial practices observed in the field. The concentration of the OES treatment was 50 g/L of water and 25 g/L of MR. The concentration of whey powder in the CON treatment was 5 g/L of water and of MR. Milk replacer was reconstituted with water at a concentration of 150 g/L and supplied in a teat bucket at 40°C. Calves were offered 2.5 L of MR twice daily at 0800 and 1730 h. Calves were allowed to consume MR for 15 min and the water-based OES for 1 h. Treatments were never drenched to evaluate voluntary consumption. At the end of the 4 d of treatment administration, water was resumed and solid feed was provided. Body weights were measured on the day of arrival. Intakes of treatments (milk-based and water-based) were recorded throughout the study period by weighing leftovers. Blood samples were taken via the jugular vein from d 1 to 4 at 0600 h, and fecal scores (0 = normal; 1 = watery feces) were assessed from d 1 to 15 at 0900 h. The degree of dehydration was assessed by evaluating the skin turgor and the degree of dehydration at 1000 h from d 1 until d 4. Skin turgor was scored by measuring the time needed for the skin of the eyelids to go back to normal after being pinched (0: immediately; 1: 2–4 s; 2: ≥ 5 s). The degree of enophthalmos was assessed by looking at the position of the eyeball in the eye socket (0: < 2 mm; 1: eyeball moderately sunken, visible gap 2–4 mm; 2: eyeball severely sunken, visible gap ≥ 5 mm).

Blood samples were processed and analyzed at the Animal Health Service (Gezondheidsdienst voor Dieren, Deventer, the Netherlands). Serum macrominer-

Table 1. Descriptive summary of milk replacer and treatment components for calves with naturally occurring diarrhea receiving milk-based and water-based electrolyte solutions without access to water (n = 26)

Item, mmol/L unless otherwise noted	Milk replacer	Treatment ¹			
		Water-based		Milk-based	
		CON	OES	CON	OES
Carbohydrates					
Lactose	202	10	0	212	202
Dextrose	21	0	187	21	115
Macrominerals					
Na ⁺	48	2	119	50	108
K ⁺	71	3	10	74	77
Cl ⁻	61	2	77	63	99
Alkalinizing agent					
Bicarbonate	0	0	42	0	21
SID, ² mEq/L	59	2	53	61	85
Osmolality, ³ mOsm/kg	459	17	504	476	704

¹Treatments were administered for 4 consecutive days simultaneously in milk replacer (2.5 L at 0800 and 1730 h) and water (3 L at 1300 and 2200 h). Besides administration of treatments, calves had no supplemental access to water. Concentration of treatments in water was 5 g/L for the control (CON) group and 50 g/L for the oral electrolyte solution (OES) group. Concentration of treatments in milk replacer was 5 g/L for CON and 25 g/L for OES.

²The strong ion difference (SID) of the solutions was calculated as $SID (mEq/L) = (Na^+ + K^+) - Cl^-$.

³Osmolality (in mol/kg of solvent and expressed in mOsm/kg) was calculated by adding by adding concentrations of carbohydrates, macrominerals, and bicarbonate.

als were analyzed by inductively coupled plasma MS using a Synchron Chemistry Analyzer (UniCel Dx C 600 SN6730, Beckman Coulter, Brea, CA). Total serum protein, glucose, urea, and creatinine were analyzed using a Synchron Clinical Analyzer (Unicel Dx C 800 SN4764, Beckman Coulter). Hematocrit in whole blood was analyzed using a Cell-DYN Hematology Analyzer (Abbott Cell-DYN 3700 SN22072AK, Abbott Core Laboratory, Abbott Park, IL). All standards were performed according to ISO (2017).

The study was dimensioned to detect differences in serum Na⁺ concentrations, treated as a continuous variable. The power (1 - β) was chosen to be equal to 80%, and the α-level was 0.05. Based on the outcome of a previously conducted experiment at the Calf Research Facility of Trouw Nutrition Research and Development (Winssen, the Netherlands; J. Wilms, Trouw Nutrition R&D, unpublished data) investigating OES efficacy for 15 calves per treatment group (including a control or an OES group) on d 4 of diarrhea, a standard deviation of 4.2 mmol/L was assumed for serum Na⁺. The minimal meaningful difference was considered to be 4.5 mmol/L. The minimal sample size to detect differences would then be 14 calves per treatment group. Continuous variables were analyzed using mixed model analysis with PROC MIXED of SAS (SAS 9.4M6, SAS Studio, SAS Institute Inc., Cary, NC). Calf was considered the experimental unit. The model included the fixed effects of block, treatment, time, and the interaction between treatment and time. Time entered the model as a re-

peated statement. Blood parameters measured on d 1, before treatment administration, entered the model as baseline covariate. The heterogeneous autoregressive covariance structure was applied to all analyzed blood variables. The analysis of diarrhea prevalence and dehydration parameters was conducted with PROC GENMOD of SAS (SAS 9.4M6, SAS Studio, SAS Institute Inc.). Significant interactions of treatment by time were explored using the SLICE option of the LSMEANS statement of PROC MIXED of SAS. Comparisons across treatments at each significant time point were conducted with the PDIF option of the LSMEANS statement of SAS. Variables were declared significant at $P \leq 0.05$ and trends were reported when $P < 0.10$.

The study was based on naturally occurring diarrhea to reflect conventional rearing practices. Two calves in the CON group were not correctly diagnosed at the start and recovered on the same day as the treatment allocation; these 2 animals were removed after inclusion. As a result, the OES treatment included 14 calves, whereas the CON treatment included 12 calves. The time elapsed between arrival at the farm and inclusion in the study was 5 ± 2 d. Parameters measured on d 1, before administration of treatments, did not differ across treatment groups. Calves voluntarily consumed treatments when administered in MR (4.9 L/d) and in water (4.6 L/d), and intakes did not differ across treatment groups. Prevalence of diarrhea was higher in calves receiving OES on d 3, 4, and 5 compared with

CON calves (Figure 1). Additionally, diarrhea duration was longer in calves receiving OES than in CON calves (4.2 d vs. 2.1 d, respectively; $P < 0.01$). Concentrations of Na^+ and dextrose in the OES treatment were higher than 100 mmol/L in both water and MR. As a consequence, osmolality of the OES treatment was 504 mOsm/kg in water and 704 mOsm/kg in MR. The excess of solutes present in these hypertonic solutions may have resulted in osmotic diarrhea, thus further pulling water into the lumen of the gut and further stimulating gastrointestinal mucosal damages (Byers et al., 2014; Wilms et al., 2019). These results suggest that providing sugar and mineral powder mix in MR without access to water delays recovery from diarrhea.

In addition to longer diarrhea duration, calves in the OES group displayed clinical signs of dehydration as shown by higher scores for both skin turgor and degree of enophthalmos. Over the 4 monitoring days, 25% of calves receiving OES had delayed skin turgor (≥ 2 s) compared with only 9% in the CON group ($P = 0.04$). Similarly, 23% of calves receiving OES had a visible gap (≥ 2 mm) between eyeball and eye socket compared with only 6% in the CON group ($P = 0.02$). According to Dillane et al. (2018), the normal reference range for serum Na^+ for male calves of 11 to 30 d of age is between 134.2 and 139.3 mmol/L. Serum Na^+ of calves receiving the OES treatment was higher than the normal upper limit (up to 169 mmol/L). The OES treatment resulted in hypernatremia (serum $\text{Na}^+ > 145$ mmol/L; Adrogué and Madias, 2000; Muhsin and Mount, 2016; Verbalis, 2016) within 48 h after the first administration. There

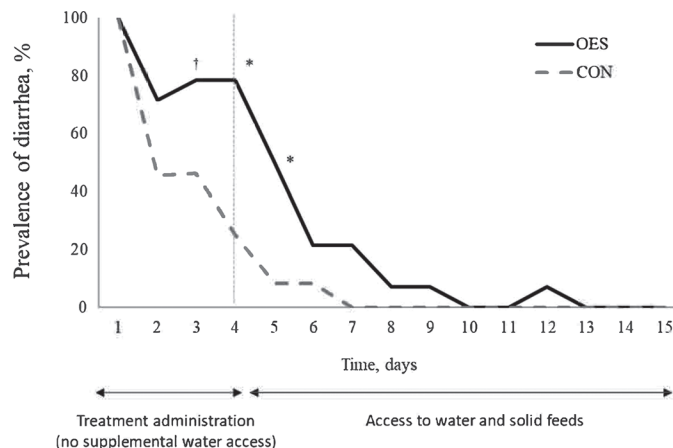


Figure 1. Prevalence of diarrhea in calves fed a control (CON, $n = 12$) or an oral electrolyte solution (OES, $n = 14$) applied in water and in milk replacer without access to water. Significant treatment \times time differences at each time point are indicated by * ($P \leq 0.05$) and † ($P < 0.10$).

was a significant treatment by time interaction for serum Na^+ , describing the increase of serum Na^+ through time for calves receiving OES (149 mmol/L) compared with CON calves (137 mmol/L; Table 2; Figure 2A). Similarly, serum Cl^- was higher in calves fed OES (114 mmol/L) than in CON calves (102 mmol/L). Incidence of hypernatremia over the 4 sampling days was 71% (10/14) in calves fed OES. Incidence of acute hypernatremia, defined as hypernatremia developing within 48 h and with serum Na^+ concentrations above 160 mmol/L (Byers et al., 2014), was 21% (3/14). This

Table 2. The effect of oral administration of milk-based and water-based electrolyte solutions without access to water on blood minerals, blood hematology, and blood chemistry, measured at 0600 h from d 1 to 4, in calves with naturally occurring diarrhea ($n = 26$)

Item	Treatment ¹		Pooled SEM	P-value		
	CON	OES		Time	Treatment	Time \times treatment
Serum minerals, mmol/L						
Na^+	136.9	149.1	2.2	0.03	<0.01	0.02
Cl^-	101.6	113.8	2.6	0.03	<0.01	0.13
K^+	5.57	5.39	0.07	0.97	0.09	0.16
PO_4^{3-}	2.45	2.35	0.07	0.93	0.25	0.02
Ca^{2+}	2.42	2.41	0.02	0.81	0.66	0.45
Serum SID, ² mEq/L	40.5	40.0	1.3	0.16	0.74	0.55
Serum osmolality, ³ mOsm/L	295.4	313.3	3.2	0.03	<0.01	0.02
Blood hematology						
Hematocrit, %	29.9	29.5	0.7	0.26	0.66	0.50
Blood chemistry, mmol/L						
Urea ⁴	2.53	3.25	0.09	0.70	0.06	0.03
Creatinine	79.0	78.3	3.25	0.14	0.90	0.14
Total serum protein	54.7	52.2	1.4	0.34	0.25	0.80
Glucose	4.98	4.76	0.13	0.80	0.23	0.31

¹CON = control ($n = 12$); OES = oral electrolyte solution ($n = 14$).

²The serum strong ion difference (SID) was calculated as $\text{SID (mEq/L)} = (\text{Na}^+ + \text{K}^+) - \text{Cl}^-$.

³Calculated as serum osmolality (mOsm/L) = $2\text{Na}^+ + 2\text{K}^+ + \text{glucose} + \text{urea}$.

⁴Expressed as log SEM.

was the consequence of excessive amounts of Na^+ and Cl^- that were added to the extracellular space without the adequate amount of water (Byers et al., 2014). As free water was not available, OES calves were unable to restore their normal serum Na^+ concentrations by increasing Na^+ renal excretion. According to Koch and Fulop (2017), hypernatremia is corrected by calculating the free water deficit as followed: $4 \text{ mL} \times \text{BW} \times (\text{desired change in serum } \text{Na}^+, \text{ expressed in mmol/L})$. This means that for a 45-kg calf with serum Na^+ concentrations of 160 mmol/L, the free water deficit needed to normalize serum Na^+ concentrations to 140 mmol/L was about 3.7 L.

There was also a significant treatment by time interaction for serum urea ($P = 0.01$), which was translated in higher serum urea concentrations on d 3 and 4 in calves receiving the OES treatment (Figure 2B). Serum urea reflects the balance between urea production and urea elimination in urine (Higgins, 2016). In the current study, the gradual increase in serum urea concentrations was likely due to lower urea excretion by the kidney due to the lack of water intake. However, hematocrit, which represents the amount of red blood cells in blood and which is an indicator of the hydration status of the animals, did not differ across treatment groups. This increase in the concentrations of blood metabolites (sodium, chloride, and urea) resulted in higher serum osmolality in calves fed OES (313 mOsm/L) compared with CON calves (295 mOsm/L; Table 2; Figure 2C). Serum osmolality is regulated within narrow ranges (275–295 mOsm/L) in healthy individuals, and even slight elevations in osmolality lead to the secretion of antidiuretic hormone, which is the main hormone responsible for tonicity homeostasis. Hyperosmolar states trigger its release. According to Davies (1972), osmoreceptors present in the hypothalamus and responsible for antidiuretic hormone release respond to changes in serum osmolality as little as 2 mOsm/L. A few animals (3/14) in the OES group had values equal to or greater than 350 mOsm/L, which represents a variation of about 50 mmol/L in serum osmolality and can therefore be considered acute serum hyperosmolality. Thus, calves in the OES group likely experienced an intense feeling of thirst (Adrogué and Madias, 2000). The significant treatment by time interaction for serum osmolality was associated with a gradual increase in hypernatremia severity through time. Thus, as serum osmolality increased, the health status of the animals steadily declined. As calves in the CON group recovered from diarrhea 2 d earlier than calves in the OES group, it can be considered that the harm of such feeding protocols primarily comes from the hypernatremia and the hyperosmolar state rather than from the lack of correction of dehydration.

This study demonstrated that administration of OES in milk without access to water delays recovery from diarrhea and results in various degrees of hypernatremia. Therefore, oral electrolyte solutions with Na^+ concentrations greater than 130 mmol/L and osmolality greater than 400 mOsm/kg should be offered to calves with caution. Ideally, OES should be offered separately in addition to usual milk provisions while maintaining ad libitum access to water (Smith, 2009). The use of OES mixed into milk therefore represents a practice that can compromise the health and welfare of calves when water is not available.

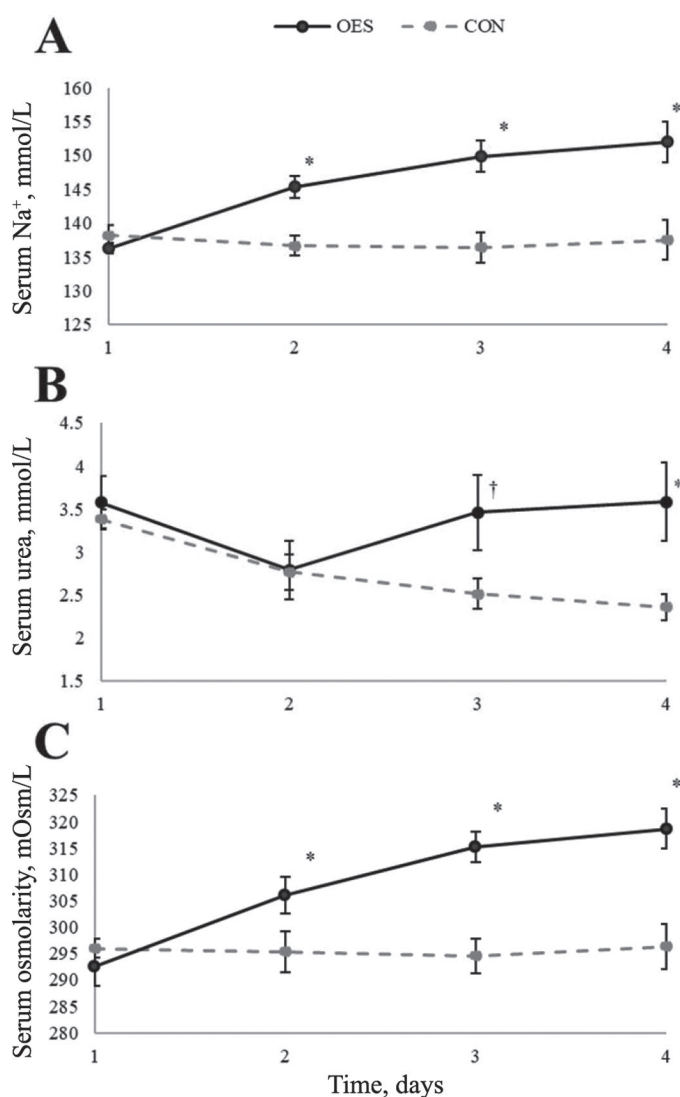


Figure 2. (A) Serum sodium, (B) serum urea, and (C) serum osmolality measured at 0600 h from d 1 to 4 in diarrheic calves receiving a control (CON, $n = 12$) or an oral electrolyte solution (OES, $n = 14$) administered in water and in milk replacer without access to water. Significant treatment \times time differences at each time point are indicated by * ($P \leq 0.05$) and † ($P < 0.10$).


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